

JW FOODS

October 2019

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| | 1 Chicken Quesadilla with Salsa Corn Sliced Peaches Cookie | 2 Baked Fish Sticks French Fries Green Beans Jello | 3 Chicken Fried Rice Broccoli Pineapple Chunks Pudding | 4 2 Slices of Cheese Pizza Salad Assorted Dessert Choice |
| 7 Chicken Nuggets Mashed Potatoes W/ Gravy Carrots Brownie | 8 Tacos with Lettuce and Tomato Chips and Salsa Corn Oreo Delight | 9 Penne Pasta and Bread Sticks Peas Cookie | 10 House-made Vegetable Soup Grilled Cheese Orange Slices Banana Pudding | 11 2 Slices of Cheese Pizza Salad Jello with Fruit |
| 14 Meatloaf with Scalloped Potatoes Green Beans Applesauce Cookie | 15 Beef and Rice Burrito With Lettuce and Tomato Corn Lemon Bar | 16 Chicken Nuggets French Fries Mixed Vegetables Brownie | 17 Chicken Teriyaki with White Rice Broccoli Grapes Chocolate Pudding | 18 2 Slices of Cheese Pizza Salad Assorted Dessert Choices |
| 21 No School | 22 No School | 23 Lasagna with Garlic Toast Salad Peaches Cookie | 24 Sloppy Joes Potato Wedges Green Beans Grapes Jello | 25 2 Slices of Cheese Pizza Salad Assorted Dessert Choice |
| 28 Spaghetti and Meatballs Cheese Bread Salad Cookie | 29 Tacos with Lettuce and Tomato Chips and Salsa Corn Bread Pudding | 30 Grilled Chicken Wrap Potato Chips Orange Slices Jello | 31 House-made Salisbury Steak Mashed Potatoes and Gravy Green Beans Pineapple Chocolate Cake | |